



# Meet Our 2025 National Coaches!



# Rick Rykse

18 NATIONAL MIZUNO BLACK



\*PRESIDENT OF INSIDE OUT VOLLEYBALL AND CLUB  
DIRECTOR

\*FORMER COACH AT MUSKEGON COMMUNITY  
COLLEGE AND DAVENPORT UNIVERSITY

\*FORMER COACH AT RAVENNA HIGH SCHOOL

# Hayley Wegener

18 NATIONAL MIZUNO BLACK ASSISTANT



\*CURRENT PLAYER AT FERRIS STATE UNIVERSITY

\*SETTERS COACH AT INSIDE OUT

\*GRADUATE OF COOPERSVILLE HIGH SCHOOL

# Lacy Perkins

18 NATIONAL MIZUNO PURPLE



\*COACH AT KENT CITY HIGH SCHOOL

\*6TH YEAR COACHING AT INSIDE OUT



# Syann Fairfield

17 NATIONAL MIZUNO BLACK



- \*CURRENT PLAYER AT FERRIS STATE UNIVERSITY
- \*FORMER 15 GOLD COACH AT INSIDE OUT NORTH
- \*GRADUATE OF NORTH MUSKEGON HIGH SCHOOL

# Lindsey Balecom

17 NATIONAL MIZUNO BLACK ASSISTANT



\*FORMER COLLEGE COACH AT MUSKEGON  
COMUNITY COLLEGE AND DAVENPORT UNIVERSITY  
\*20 YEARS COACHING AT INSIDE OUT

# Leah Ellis

17 NATIONAL MIZUNO PURPLE



\*FORMER COLLEGE PLAYER AT MUSKEGON  
COMUNITY COLLEGE

\*2ND YEAR COACHING AT INSIDE OUT

\*CURRENT COACH AT MONA SHORES



# Liz Holden

16 NATIONAL MIZUNO BLACK



\*CURRENT LUDINGTON HIGH SCHOOL VARSITY COACH

\*FORMER PLAYER AT LAKE STATE AND DAVENPORT  
UNIVERSITIES

\*5TH YEAR COACHING AT INSIDE OUT



# Samantha Fehler

16 NATIONAL MIZUNO BLACK



\*CURRENT MUSKEGON COMMUNITY COLLEGE HEAD COACH

\*FORMER PLAYER AT MCC AND IUSB

\*5TH YEAR COACHING AT INSIDE OUT

# Alyssa Veihl

16 NATIONAL MIZUNO PURPLE



\*CURRENT MUSKEGON COMMUNITY COLLEGE ASSISTANT  
COACH

\*FORMER PLAYER AT CORNERSTONE UNIVERSITY

\*5TH YEAR COACHING AT INSIDE OUT

# Shane Balecom

15 NATIONAL MIZUNO BLACK



\*CURRENT VARSITY COACH AT COOPERSVILLE HIGH SCHOOL

\*FORMER COACH AT DAVENPORT UNIVERSITY

\*OVER 15 YEARS COACHING AT INSIDE OUT



# Shelbie Schoenborn

15 NATIONAL MIZUNO BLACK ASSISTANT



\* CURRENT PLAYER AT MUSKEGON COMMUNITY COLLEGE

\* GRADUATE OF COOPERSVILLE HIGH SCHOOL

\* 2ND YEAR COACHING AT INSIDE OUT

# Kathy Hellmann

15 NATIONAL MIZUNO PURPLE



\*CURRENT VARSITY COACH AT MONA SHORES HIGH  
\*7TH YEAR COACHING AT INSIDE OUT

# Samantha Nestell

14 NATIONAL MIZUNO BLACK



- \*CURRENT VARSITY COACH AT RAVENNA HIGH SCHOOL
- \*FORMER PLAYER AT LINCOLN MEMORIAL UNIVERSITY
- \*FORMER OWNER OF CHALLENGE VOLLEYBALL CLUB, LA
- \*3RD YEAR COACHING AT INSIDE OUT