

# 2018-2019 INSIDE OUT VOLLEYBALL

## 5<sup>th</sup> – 6<sup>th</sup> Grade Winter Instructional Program

### What is it?

Our Winter Instructional Program consists of 7 sessions of training and 7 sessions of playing on Sunday nights from 6:30 – 8:00 pm and Tuesday nights from 5:00-6:30 pm. Instructors will be some of our club coaches and players. Clinics will start out with training sessions stressing volleyball fundamentals and will finish up the last few weeks with in-house games to teach how to play the game. ***Limit of 50. There will also be limited opportunities for some of the players to join into a Winter Power League which will play on Saturdays in West Michigan. There would be an additional cost for those choosing to add this.***

### Where?

Inside Out Volleyball  
3367 Hoyt Street  
Muskegon, MI 49444

### Clinic Cost?

5<sup>th</sup>-6<sup>th</sup> Grade \$120.00 (includes t-shirt)

### Days and Times

DAYS & TIMES	GRADES	DATES OF INSTRUCTION	DATES OF GAMES
Sundays 6:30-8:00 pm & Tuesdays 5:00-6:30 pm	5 <sup>th</sup> -6 <sup>th</sup>	Dec.2,4,9,11,16,18 Jan. 6	Jan.8,13,15,20,22,27, 29  *Make up date will be Feb. 3 if needed

### Staff

## Inside Out Jrs Club Coaches

**QUESTIONS??? CALL (231) 739-3311**

**E-MAIL [isovolleyball@gmail.com](mailto:isovolleyball@gmail.com)**

website: [www.insideoutvolleyball.org](http://www.insideoutvolleyball.org)

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### REGISTRATION INFORMATION

Name: \_\_\_\_\_ School: \_\_\_\_\_  
 Address: \_\_\_\_\_ Grade: \_\_\_\_\_  
 City, State, Zip: \_\_\_\_\_ Phone: \_\_\_\_\_  
 E-mail Address: \_\_\_\_\_

Circle T-shirt size:      XS      Small      Medium      Large      (adult sizing)

**Form of payment:** Cash    Check    Visa /MC / Discover    Amount Enclosed \$ \_\_\_\_\_

Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_ 3 Digit security code \_\_\_\_\_

**No prorating or refunds given for missed sessions.**